46th Annual New Hampshire Safety & Health Conference

April 11th-12th, 2017 • Nashua Radisson • Nashua, NH

* CEU’s Available
TUESDAY, APRIL 11TH

8:00 AM  REGISTRATION OPENS / CONTINENTAL BREAKFAST

9:00 AM  BREAKOUT SESSIONS

TRACK 1: FALLS SAME LEVEL - USING SCIENCE AND RESEARCH TO CLOSE THE GAP
Bruce Smith, ARM, Sr. Technical Consultant – Risk Control, Liberty Mutual Insurance Co.

Same-Level Slips, Trips, and Falls continue to be a leading and growing source of injuries for employees and guests on our properties. Control of Same-Level Falls is extremely challenging because the factors contributing to these incidents are diverse. Participants will get a look at the science and research behind some causes in an effort to close the gap with proven controls and successes.

TRACK 2: 2017 OSHA UPDATE
Rose Ohar Cole, Area Director, U.S. Department of Labor/OSHA
Andy Palhof, Compliance Assistance Specialist, U.S. Department of Labor/OSHA

Find out what is new and improved for OSHA in 2017! This is a great opportunity to ask questions that you wanted to know, but were afraid to ask!

TRACK 3: BEHAVIOR BASED SAFETY: WHY WE DO WHAT WE DO
Francis Ramsey, Senior Health and Safety Consultant, The Lawson Group, Vendor

The vast majority of incidents/accidents are the direct result of the behavior of the person involved while safety resources and efforts are aimed at addressing conditions, regulations, and activities.

It is often difficult to understand what we need to do to address the behaviors of employees and management within an organization. This session will discuss steps in understanding how to apply the behavior based safety approach. Which will include understanding what motivates your organization, identification of safe behaviors, finding the right combination of antecedents and consequences that will enforce the decision to perform safer behaviors.

This interactive session will help define and internalize the simple concepts of why we do what we do. Participants will also work in small groups to define a “safe” behavior and propose antecedents, consequences and measurements that will help them apply the behavior based safety process in their organizations.

TRACK 4: CONDUCTING EFFECTIVE ELECTRICAL SAFETY PROGRAM AUDITS
Lee E. Marchessault, CUSA, CUSP, President, Workplace Safety Solutions, Inc.

This session is designed to provide information on what to look for when performing required electrical safety program audits. This includes observing qualified electrical personnel to assess proper work practices, PPE and ensuring understanding of shock and arc flash hazards and associated approach boundaries, nominal voltages and proper verification of de-energizing with UL listed testers. Also included are case studies of issues with electrical infrastructure deficiencies required to comply with OSHA 1910 Subpart S.

TRACK 5: DRUGS AND ALCOHOL TESTING ASSESSMENT
Laurie Glaude, PHR, CEO, Aurora Business Solutions
Rick Finberg, Attorney, Bennett Law Firm

Substance abuse in the workplace costs employers millions of dollars in lost productivity, increased healthcare costs, and increased workers compensation claims. A well designed drug and alcohol program can mitigate employer risk.

In this session participants will learn how to assess organizations for risk, learn what questions should be examined before starting a program and what employer obligations are when implementing a drug testing program.
TUESDAY, APRIL 11TH - CONTINUED

10:00 AM  BREAK / VENDOR DEMO

10:30 AM  BREAKOUT SESSIONS

TRACK 1:  CONTROLLING HAZARDOUS ENERGY - KNOWLEDGE FOR COMPLIANCE

   Hartley B. Webb, CSP, CHST, Safety Management Specialist, MEMIC

   In-depth training on how to safely perform lockout activities according to OSHA's lockout/Tagout regulations. Thorough review of OSHA's lockout/Tagout standards, instructions for creating and adhering to written lockout procedures, lockout program components, review of methods for controlling hazardous energy, items for lockout standard compliance, lockout concepts and completing a program assessment.

TRACK 2:  THE EFFECTS OF THE AGING WORKFORCE ON BUSINESS

   Scott Lawson, President, The Lawson Group, Vendor

   As the workforce ages around the globe, it will present a special set of problems that go way beyond safety and health on the job. This session will explore some of these challenges and what the changes are for dealing with them now to lessen the impact as time passes.

TRACK 3:  OSHA’S FINAL RULE ON OCCUPATIONAL EXPOSURE TO SILICA

   Lisa J. Sullivan, Regional Industrial Hygienist, US Department of Labor – OSHA

   Participants will learn about OSHA’s new standard for Occupational Exposure to Respirable Crystalline Silica. The dangers and health risks of silica exposure will be described, and the requirements for construction (as well as general industry and maritime) will be explained. The phase-in period and effective dates for various aspects of the standard will be covered during this session.

TRACK 4:  CIVILIAN RESPONSE TO ACTIVE SHOOTER EVENTS (CRASE) / PART 1

   Robert Christensen, Operations Section Chief, NH Homeland Security and Emergency Management

   We are continually reminded that a response to an active shooter event is often complicated and difficult. Recent shooting incidents have demonstrated the need for preparedness and quick decision making in both first responder actions and victim response to the hostile action. Failure to act quickly during an active shooter event can leave you in a position to be injured or killed. The faster you decide to take action, the more likely you can save your life and the lives of those around you.

   The Civilian Response to Active Shooter Events (CRASE) Training will help you to quickly decide to take action by providing a strategy that develops your situational awareness, mental planning and a common sense approach to surviving an active shooter event.

   (PART 2 WILL BE AT 1:30PM)

TRACK 5:  DO YOU KNOW WHAT IS IN YOUR TRUCK?

   Steven M. Piwowarski, FMCSA Division Administrator - NH, Federal Motor Carrier Safety Administration

   Participants will learn how to ensure that their CMV is not being used to transport contraband (including drugs and large amounts of money) or engaged in human trafficking. Participants will learn the common areas that CMV drivers use to transport large amounts (or personal use amounts) of contraband to include concealment methods in the tractor as well as the trailer they are transporting.
**TUESDAY, APRIL 11TH - CONTINUED**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>11:30 AM</td>
<td><strong>LUNCH</strong></td>
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<tr>
<td>12:00 PM</td>
<td><strong>HOPE FOR NH RECOVERY</strong></td>
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<td></td>
<td><strong>DRUG AND ALCOHOL ADDICTION - WORKPLACE INITIATIVE</strong></td>
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<td><em>Bernadette Gleeson, Director of Recovery Development, HOPE for NH Recovery</em></td>
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<td>More than half of those suffering from addiction go to work. Tragically, most hide their disease due to stigma, shame and fear, driving tremendous costs in the workplace. Nationally, employers incur about $250 billion in operating costs due to untreated drug and alcohol addiction. This adds up to about $1,700 per employee every year. Costs are manifest through lost productivity, absenteeism, attrition, safety issues, and worker compensation, in addition to hidden health care spending.</td>
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<tr>
<td>12:30 PM</td>
<td><strong>VENDOR HALL OPENS / VENDOR DEMO</strong></td>
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<td>1:30 PM</td>
<td><strong>BREAKOUT SESSIONS</strong></td>
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<td><strong>TRACK 1:</strong></td>
<td><strong>BASIC INDUSTRIAL HYGIENE CONCEPTS OF AIR SAMPLING</strong></td>
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<td><em>Luis F. Pieretti, PhD, CIH, CSP, Manager, Industrial Hygiene, MEMIC</em></td>
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<td>This one-hour session will introduce the participants to the basic concepts of industrial hygiene air sampling. Once completed this session, the participants will be able to:</td>
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<td>- Recognize some of the basic concepts of industrial hygiene air monitoring</td>
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<td>- Recognize errors associated with industrial hygiene air sampling and analysis</td>
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<td>- Distinguish different resources available related to industrial hygiene air monitoring</td>
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<td>- Distinguish industrial hygiene laboratories that could be used for in-house air monitoring</td>
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<td><strong>TRACK 2:</strong></td>
<td><strong>HOPE FOR NH RECOVERY</strong></td>
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<td><strong>DRUG AND ALCOHOL ADDICTION - WORKPLACE INITIATIVE (cont.)</strong></td>
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<td><em>Bernadette Gleeson, Director of Recovery Development, HOPE for NH Recovery</em></td>
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<td>During this session, Bernadette Gleeson will continue discussion from the keynote presentation given during lunch, and will spend more time discussing the issues that face businesses, as well as addressing resources that are available to support employees and employers.</td>
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<td><strong>TRACK 3:</strong></td>
<td><strong>MENTORING</strong></td>
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<td><em>Steve Darling, NH Comprehensive Health and Safety Supervisor, NH Conference Committee, UPS, Sponsor</em></td>
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<td><em>Tiffany Contois, District Health and Safety Supervisor, UPS, Sponsor</em></td>
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<td>Mentoring of new employees on proper safe work methods utilizing experienced employees is key to successful businesses. This session will detail the format used by UPS with examples of mentoring packets used by the company to portray real life situations they may encounter and how to safely handle these situations.</td>
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<td><strong>TRACK 4:</strong></td>
<td><strong>CIVILIAN RESPONSE TO ACTIVE SHOOTER EVENTS (CRASE) / PART 2</strong></td>
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<td><strong>TRACK 5:</strong></td>
<td><strong>DRUG USE TRENDS AND YOUR COMPANY</strong></td>
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<td><em>Representatives, Department of Justice, Drug Enforcement Agency</em></td>
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<td>Representatives from the Drug Enforcement Agency, will discuss current trends and issues with illegal and prescription drug use in transportation, the workplace, and society, as well as prescription drug use and abuse trending in the workplace and what employers can and should do.</td>
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TUESDAY, APRIL 11TH - CONTINUED

2:30 PM  VENDOR NETWORKING / COFFEE AND DESSERT / VENDOR DEMO

3:00 PM  BREAKOUT SESSIONS

TRACK 1:  THE ACCIDENT ANATOMY
    JAY STURM, PRESIDENT, CRANES101
    In this session, Mr. Sturm will present three different accident investigations that he was involved in as an expert witness. He will describe the accidents piece by piece, to give the audience a greater understanding of:
    - How accidents happen
    - What the ramifications are, and for whom
    - How the accident could have been avoided
    - What “players” are present after the fact
    Participants will gain a deeper understanding of the responsibilities of all involved in the daily operations of heavy equipment, and how to correctly utilize safety training, inspections, and meetings on the job.

TRACK 2:  WHEN CUSTOMER’S HOME BECOMES YOUR PLACE OF BUSINESS
    TONA MCCARTHY, DIRECTOR OF FIELD SERVICE INVESTIGATIONS, POPE MEMORIAL SPCA
    The session will go over the basics of when your customers home becomes your place of business. Topics to be covered include:
    - Property Safety Observation
    - Consent to enter
    - Observing plain view
    - Knock and Announcement
    - Safety within the residence
    - Recognizing Domestic Violence
    - Elderly Abuse
    - Hoarding
    - Cruelty to Animals
    - Health Precautions
    This session will be a review of the new OSHA Standard for Confined Spaces in Construction
    - New definitions and roles
    - Differences from the General Industry Standard
    - Effects on all industries if you have contractors coming into you facility
    - Rescue requirements and issues
    - A review of the lessons learned from recent accidents

4:00 PM  VENDOR DEMO

4:15 PM  COMBINED NSCNNE/ASSE NETWORKING SOCIAL & VENDOR RAFFLE
WEDNESDAY, APRIL 12TH

8:00 AM  REGISTRATION OPENS / CONTINENTAL BREAKFAST

8:30 AM  VENDOR DEMO

9:00 AM  BREAKOUT SESSIONS

TRACK 1:  THE LATEST TRENDS IN WORKSITE WELLNESS

*Stephanie Ceccherini, Director of Wellness Services, The Lawson Group, Vendor*

Worksite wellness is ever changing. This session will explore the latest trends in worksite wellness programs. Ms. Ceccherini will look back at where the industry has come, what is working and what is not, and what direction forward thinking companies should be going in when it comes to employee wellness.

TRACK 2:  BEYOND THE RESUME . . . TALENT!

*Sheila Kabat, Vice President/COO, Snowden Associates*

*Mug MacDonal, NH Conference Committee, Past Board President, NSCNNE, PSNH Retiree*

Might you be interested in knowing what ‘microwave popcorn’ has to do with the discovery of the ‘hidden’ talent?

Do you know the answer? No . . . then join Mrs. Kabat and Mr. MacDonald and explore both the known and the unknown. Go beyond the resume and uncover the answer!

TRACK 3:  DESIGNING HEALTHY WORK ENVIRONMENTS: ERGONOMICS 101

*Laura Anderson, MS AEP, Associate Ergonomist, Eastern Region, Humanscale*

Concerned about rising requests for sit to stand workstations? Trying to get ahead of the curve to meet ergonomic needs proactively?

Highlighting recent ergonomic concerns, this session seeks to bridge the gap between workplace ergonomics and employee education. Participants will be taught to identify and mitigate common musculoskeletal risk factors experienced by computer users.

Discussion topics will include developments in seating, input device design, display technology, best practices for sit to stand and the importance of ergonomic training and return on ergonomic investments.

Attend this session to learn more about reducing employee discomfort and injury risk while lowering costs. Participants will have the chance to engage in activities that address everyday workplace ergonomic challenges.

TRACK 4:  REASONABLE SUSPICION: DRUG / ALCOHOL SUPERVISOR - PART 1

*Corey Gately, MLADC, SAP, Horizons Counseling Center*

*Roy T. Roberts, Director of Occupational Health, LRGHealthcare*

This session is an informational two part session presenting real world applications and realizations of how front line supervisors can handle drug and alcohol misuse in the workplace.

Participants will receive the techniques and documentation of handling personnel who appear for work with signs of impairment. This two part session includes applying your written policy and understanding the purpose and goals of a drug-free workplace. In addition to understanding that the intent is to also help personnel who may be dealing with chemical dependencies and ultimately help them to become more productive.

The unique perspective of a drug and alcohol counselor will give you the insight into the actual medical and everyday habits of individuals dealing with chemical dependency challenges. Understanding the disease of addiction will help you to be more capable in dealing with the challenges of an impaired individual. Statistically, individuals with chemical dependencies have more challenges in the workplace from a higher propensity for accidents, more absenteeism, and less productivity.

Questions and answers are one of the most important parts of this session. Allowing you to interact in this session will bring home the real life circumstances others deal with.
Hypertherm has successfully integrated its safety programs into daily operations and has developed a culture of safety awareness. What does that mean and how did they do it?

It starts with management commitment and focuses on team and associate ownership. By integrating the safety program and policies into daily operations, Hypertherm was able to implement a successful EHS program.

Associate awareness, early reporting and the culture of ‘ownership’ has allowed Hypertherm to strive for EHS excellency and pursue OSHA VPP for many of its facility locations.

This session will briefly discuss the problem companies face hiring today’s young worker and then focus on some things we can do to help prevent major illnesses and injuries.

Each generation presents its own unique set of challenges. We also know that inexperience can create a multitude of issues. Today, more than ever, our young workers (Millennials) are less work hardened, less experienced, more in tuned with electronic devices than mechanical devices and many are sensitized to serious injury.

We know we need their energy, ideas, education, and enthusiasm. However, we do hear some young workers that have taken a factory job say, “I don’t want to work that hard.” We also see young workers taking chances thinking that “It won’t happen to me.”

This session is an informational two part session presenting real world applications and realizations of how front line supervisors can handle drug and alcohol misuse in the workplace.

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HOW TO REGISTER FOR THE CONFERENCE:

Registration Methods: Three easy ways to register…

1. Mail: completed registration form with payment to:
   NSCNNE, 2 Whitney Rd, Ste. 11, Concord, NH 03301, Attn: Susan Chuvala

2. Fax: completed registration form to: 603-230-9795

3. E-mail: completed registration form to: susanc@shcnne.org

Early Registration Discount:
If we receive your PAID registration prior to Friday, **February 10, 2017**, there is a discounted registration fee available. See registration form.

Cancellation Refunds:
You may cancel your registration anytime on or before Friday, March 24, 2017 and receive a full refund.

**NO REFUNDS WILL BE MADE AFTER MARCH 24, 2017**

Names of Attendees:
At the time you are completing the registration form, if you’re unsure of all of the employees’ names who will be attending but still want to take advantage of the early discount, simply indicate how many slots you would like us to hold for your company. We must have the names of the registered attendees no later than **March 31, 2017**.

HOTEL ACCOMMODATIONS:
All Hotel reservations must be made separately from the Conference.

Special Conference Rates have been arranged at the Radisson.

Contact the Hotel directly prior to **March 21, 2017** to be eligible for the discounted rate.

Room Rate $106 for single or double.
# 46th Annual New Hampshire Safety & Health Conference
## April 11 & 12th, 2017 — Radisson - Nashua, New Hampshire

<table>
<thead>
<tr>
<th>N.S.C. MEMBER DISCOUNTED RATE:</th>
<th>NON-MEMBER RATE:</th>
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</thead>
<tbody>
<tr>
<td><strong>PAID AFTER FEBRUARY 10, 2017</strong></td>
<td><strong>PAID AFTER FEBRUARY 10, 2017</strong></td>
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<tr>
<td>Both Days..........................$300</td>
<td>Both Days..........................$350</td>
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<tr>
<td>Daily (Tues. or Wed.)..............$175</td>
<td>Daily (Tues. or Wed.)..............$200</td>
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<td><strong>WALK-INS</strong></td>
<td><strong>WALK-INS</strong></td>
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<tr>
<td>Both Days..........................$320</td>
<td>Both Days..........................$370</td>
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<tr>
<td>Daily (Tues or Wed)..............$195</td>
<td>Daily (Tues or Wed)..............$245</td>
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Please print/type clearly

- NSC Member number: ____________________________
- Non-member: ____________________________

**Billing Information**

- Contact person: ____________________________
- Email: ____________________________
- Company: ____________________________
- Phone: ____________________________
- Address: ____________________________________________________________________________________

**Method of Payment**

- MasterCard
- Visa
- Amex

- Name on card: ____________________________________________________________________________________
- Card no: ____________________________
- Exp: ____________________________
- Signature: ____________________________________________________________________________________

**Attendee Name**

| Attendee 1: ____________________________ | Price $ ___ | Tues Only | Wed Only | Full | Total $ ____________ |
| Attendee 2: ____________________________ | Price $ ___ | Tues Only | Wed Only | Full |
| Attendee 3: ____________________________ | Price $ ___ | Tues Only | Wed Only | Full |
| Attendee 4: ____________________________ | Price $ ___ | Tues Only | Wed Only | Full |
| Attendee 5: ____________________________ | Price $ ___ | Tues Only | Wed Only | Full |
| Attendee 6: ____________________________ | Price $ ___ | Tues Only | Wed Only | Full |

Total $ ____________
2017 Annual New Hampshire Safety & Health Conference
April 11th & 12th, 2017 • Radisson Hotel • Nashua, NH

For more information visit www.nscnne.org or call (603) 228-1401

EARLY BIRD REGISTRATION DEADLINE:
FEBRUARY 10TH, 2017

2017 N.H. SAFETY & HEALTH CONFERENCE HIGHLIGHTS

- LOCAL KEYNOTE SPEAKERS
- WELLNESS SESSIONS
- COMPLIANCE SESSIONS
- TRANSPORTATION SESSIONS
- WORKPLACE VIOLENCE SESSIONS
- VENDOR HALL AND VENDOR DEMO SESSIONS!